

Breastfeeding Resources

International Board Certified Lactation Consultants (IBCLC)

Those who are doctors can also prescribe medication. Some specialize but all can help with basic breastfeeding management. Many will come to you.

Hilda Cohen 718-793-2093 (Flushing)

Dr. Mona Gabbay 914-632-7999
(Westchester)

Catherine Watson Genna 718-846-2323
(Woodhaven)
breastfeeding infants with anatomical
challenges

Tamara Joy Hawkins 646-334-3830
(Manhattan)
breastfeeding infants with anatomical
challenges, breastfeeding multiples,
breast augmentation or reduction, low
milk supply, NICU, premature infants
<http://www.storkandcradle.com/>

Dr. Lauren G. Macaluso
516-498-2300 (Great Neck, NY)

Kathy Mirra 516-797-1033 (western
Long Island)

Leigh Anne O'Connor 917-596-3646
(Manhattan)

<http://www.leighanneoconnor.com/>

Freda Rosenfeld 718-469-5990
(Brooklyn)

Kate Sharp 212-595-1627 (Manhattan)

Andrea Syms-Brown 917-864-7457
(Downtown Brooklyn)
<http://www.babyinthefamily.com/>

Svetlana Tennenbaum 718-648-0042
(Brooklyn)

Kathleen Waldow 516-270-3159 (Floral
Park, NY)

Mei Yao Wu 718-428-9380 (Bayside,
NY)
b'fing after augmentation or reduction

Jaymie Adachi 917-796-5792 (Jackson
Heights)

Chiropractic care (specialty: pregnant women, mothers, babies)

Dr. Randi Jaffe
Manhattan: 917-882-1035

Dr. Louis Macolino
Astoria: 718-726-0328

Dr. Beth Forgosh
Manhattan: 212-598-5995

Dr. Adam Glassman
Great Neck: 516-829-8099

Diagnosis & treatment of tongue tie:

Dr. Goldsmith ENT 718-780-1498

Dr. Kantu ENT 718-745-1720

Dr. Linda Dahl ENT (212) 996-8000

Free phone-based support from La Leche League Leaders in Queens:

LLL of Queens Leader Warmline 718-218-3912 Call or text questions, habla español.

Email: lalecheleaguequeens@yahoo.com

Jessi 480-251-0190

Lee 718-360-5891

Jennifer 914-671-9394

NYC LLL Leader Hotline 212-569-6036

Nina 646-258-0959 (Mon – Fri btwn 9am and 1pm)

Lactation Clinics

Beth Israel Medical Center has a lactation clinic that operates on a sliding scale. You have to go there and they charge \$50 per visit for their lowest fee. They also have a “warmline” where lactation consultants are available to provide assistance over the phone.

Beth Israel Medical Center 212-420-2093

Warmline 212-420-2939

350 East 17th Street, 9 Baird Hall (16th St and 1st Ave area).

<http://www.bimc-obgyn.com/breastfeeding-center-of-manhattan.html>

LLL Meetings in Queens: Mother to mother support groups.

Western Queens Series Meeting:

4th Monday of every month from 10:30-12:30

Sunnyside Branch of the library

43-06 Greenpoint Ave (corner of Greenpoint Ave and 43rd St)

Sunnyside, NY 11104

Take the 7 local to 40th or 46th Street and walk south of Queens Blvd. on 43rd St.

The library is on the SE corner of 43rd

Contact: Annie (anniefrisbie@gmail.com) .

Western Queens Toddler Meeting:

3rd Thursday of even months. Space is limited, so RSVP for time and location.

Contact: Annie (anniefrisbie@gmail.com).

Forest Hills Series Meeting:

LLL Infant Breastfeeding Support Group meetings will be held in the Forest Hills Branch, Queens Library at 108-19 71st Ave. in the story hour room on the 2nd floor from 5:30-7:00pm.

We meet on the third Thursday of the month.

Primary Leaders: Jessi and Angela (lalecheleaguequeens@yahoo.com)

Forest Hills Toddler Meeting

LLL Toddler Breastfeeding Support Group meets 6-7:30pm.

Contact: Jessi (lalecheleaguequeens@yahoo.com).

Queens/Nassau Series Meeting

Meets 1st Friday of every month from 10:30-12:30.

Location: Sip This Café

64 Rockaway Avenue Valley Stream, NY 11580

Reach us by bus: n4

Contact: Lee 646-662-7553 (CentralQueensLLL@yahoo.com)